

Aikido camp with Lewis Bernaldo de Quiros, 6th Dan

Copenhagen Aikido Club is happy again to be able to invite you to a training camp with Lewis. Lewis is a very well-known and highly respected teacher of Saito Sensei's Aikido.

This camp will be a combination of tai-jutsu and buki-waza, where Lewis will be teaching basic as well as advanced techniques.

We can assure you that beginners as well as the most advanced Aikido-ka will learn from and enjoy the camp!

Venue : Strandvejsskolen, Sionsgade 1
: 2100 Østerbro, Copenhagen

Fee : DKK 500/EUR 70 (lunches two days: + DKK 100/EUR 15)

Saturday : 6th October 2018, 10:00-16:00

Sunday : 7th October 2018, 10:00-15:30

Check-in : 6th October 2018, 9:30

Registration: <https://tinyurl.com/LewisCamp2018>

Further Info: Lars@aikido-copenhagen.dk

Remember to **bring bokken and jo**, please!

Kind regards and looking forward to seeing you

Copenhagen Aikido Club